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INFORMACIÓN GENERAL GUÍA DE APRENDIZAJE No. __02__

ÁREA O ASIGNATURA:	LENGUA EXTRANJERA INGLES
NOMBRE DE LA GUIA(S):	Guía No. 02. Daily Routine
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GRADO:	NOVENO
PERIODO:	Uno
OBJETIVO DE APRENDIZAJE y/o DBA:	Comprendo información básica sobre temas relacionados con actividades cotidianas y con el entorno.



INTRODUCCIÓN

En esta guía aprenderemos palabras o enunciados que se utilizan para expresar Rutinas Diarias. El enfoque principal del lenguaje se basa en el uso del presente simple y de algunos verbos comunes.



¿Qué voy a aprender?

Por medio de modelos útiles vas a aprender a realizar una Rutina Diaria. Para lograr este objetivo primero vas a interiorizar algunas frases o vocabulario que se utiliza para describir una rutina diaria en Inglés y que te van a servir de base para elaborar tu propia Rutina Diaria más adelante. Adicional, algunos adverbios de frecuencia que se utilizan para expresar la periodicidad con la que se realiza una acción y algunos Conectores lógicos que permiten establecer relaciones entre oraciones.

Daily Routines



Wake up



Get up



Take a shower



Get dressed



Comb hair



Have breakfast



Go to work



Have lunch



Cook dinner



Have dinner



Watch TV



Go to bed

Take a shower: Ducharse

Make up: Maquillarse

**Brush teeth: Cepillarse los
dientes**

Leave home: Salir de casa

Go to work: Ir al trabajo

Go to school: ir a la escuela

Take the bus: Tomar el bus

Get to work: Llegar al trabajo

Have coffee: Beber café

Hang out: Pasar el rato

Surf the net: Navegar en la red

Do homework: Hacer tareas

Do exercises: Hacer ejercicios

Take a break: Tomar un descanso

Finish work: Terminar de trabajar

Listen to music: Escuchar musica

Go home: Ir a casa

Get home: Llegar a casa

Sleep: Dormir

Fall asleep; Dormirse

Sweep: Barrer

Take a nap : Tomar una siesta

Do the dishes: lavar los platos

Go shopping: Ir de compras

Read a book: Leer un libro

Listen to music: Escuchar música

Do homework: Hacer tareas

CONECTORES DE TIEMPO

After breakfast / lunch / school / classes, etc., First of all, Then, Finally, After this, Then, later, A while later

ADVERBIOS DE FRECUENCIA

Always, usually, often, sometimes, Hardly ever, rarely, Never



Lo que estoy aprendiendo

A continuación, te presento algunos ejemplos de cómo se realiza una rutina diaria

I get up at 7 o'clock. I wash my face and comb my hair and then I go downstairs for breakfast, usually a slice of bread and a bowl of cereal. My school starts at 8:30, so I leave home around 7:50 to catch the bus. When school finishes - at 3 o'clock - I come back home, have a snack, do my homework, and take a shower. After dinner I watch TV and go to bed at 9:30.



Carla, 12

My alarm clock rings at 7:30. I take a shower and put my clothes on. Then my mother calls me for breakfast. I usually have bread with cheese and chocolate milk. After breakfast I brush my teeth and kiss my parents goodbye. My school is not far from my house, so I go on foot. I have lessons from 8:30 to 3:30. After school I walk back home and watch TV or listen to music. I usually do my homework from 5 to 7 o'clock, when we have dinner. I go to bed at 10. Before that I usually read a magazine and chat with my friends online.



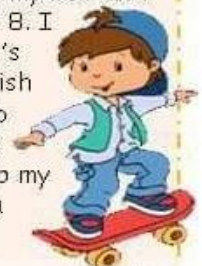
Melissa, 12

I get up at 7:45, because my school only starts at 9. I go to the bathroom and then I put on my uniform. I have breakfast with my family around 8:15. I usually have porridge and a piece of fruit. We all leave home at 8:30. My parents drive me to school and go to work. At 4:30 my grandfather takes me home. I take a shower and put on my pajamas. I always do my homework before dinner. When my parents arrive we eat and I still study a little bit more. Before going to bed, usually around 11, I listen to music and read a sports magazine.



Diego, 14

I get up at 7 o'clock, take a shower to wake up, and get dressed. Then I prepare my breakfast - a ham sandwich and a smoothie. After brushing my teeth I make my bed and leave for school, which starts at 8. I usually take the tube, because it's faster than the bus. Lessons finish at 3 and I go straight home. I do my homework and revise for the tests. I have dinner at 7:30, help my mom with the dishes and study a little bit more while I listen to music. I go to bed at 11.



Mark, 13



Práctico lo que aprendí

A. Follow the instructions in the box

DAILY ROUTINES-SIMPLE PRESENT TENSE !

MATCH THE VERBS WITH THE CORRECT PICTURES

- a. get up
- b. have lunch
- c. wash
- d. have lessons
- e. get on
- f. play baseball
- g. go to the cinema
- h. ride a bicycle
- i. brush teeth
- j. play basketball

- k. get dressed
- l. listen to music
- m. walk to school
- n. take a shower
- o. get shaved
- p. feed the dog
- q. go shopping
- r. cook the dinner
- s. fight
- t. work on the computer
- u. do housework

FILL IN THE BLANKS WITH THE CORRECT FORMS OF THE VERBS FROM THE BOX ABOVE

1. Mr. and Mrs Maddox usually _____ at the weekend. They buy everything they need.
2. Peter _____ the school bus at 8:15 every morning.
3. Jack _____ for the school before breakfast. He wears trousers and a jumper.
4. Jane and Marilyn _____ every Sunday. Jane usually sweeps the floor and dusts the furniture.
5. Joseph _____ in the school canteen every day. He usually eats a hamburger.
6. Thomas _____ for 30 minutes in his bathroom every afternoon.
7. Greg _____ every morning between 8:00 and 9:00. He loves cycling.
8. Mark and Edward sometimes _____ each other at school and their teacher gets angry with them.
9. Mr. Potter _____ before he goes to work every morning. He likes his pet very much.
10. I always _____ early in the morning because I sleep early.
11. Adam _____ every day because he doesn't have a bike.
12. Mr. Hardy _____ in his office all day. He is good at using the internet.
13. Henry goes to school on weekdays. He _____ from 9:00 in the morning to 15:00 in the afternoon.
14. Mr. Turner _____ his teeth three times a day.
15. Harry _____ carefully because he doesn't want to cut his face.
16. Brian and Fanny _____ together after they come home from work in the evening.
17. Claire _____ her face with white soap.
18. On Saturdays Tina and Clark _____ and watch a film together.
19. Larry and Angela _____ and dance in their free time.
20. Michael _____ in the school team. He has a nice blue cap.
21. Fred and Joe _____ in different teams.



B. Choose the statements which describe routines.

- a. I have breakfast at home.
- b. My phone number is 7310342.
- c. They get up at 7:00 am.
- d. I have lunch at school.
- e. They are young and happy.
- f. I listen to music in the afternoon.
- g. My friends and I go to bed late at the weekend.
- h. Some of my friends are from Chile.
- i. You do homework after lunch.
- j. My friends play basketball after school.
- k. My mother's brother is a doctor.

C. Read these sentences about habits in other cultures. Are they similar to habits in Colombia?

Example: a. In the Middle East, people usually eat lunch after 2:00 pm.

No, in Colombia, people eat lunch at 12:00 pm.

- b. In Japan, children finish school at 3:15 pm.
- c. In Spain, many people eat dinner around 11:00 pm.
- d. In the United States, many families get up before 7:00 am at the weekend.

D. Put the sentences in order to describe the daily routines of Clara and Santiago. Then write a text using the sentences below but in the correct order

Student 1: Clara

Hi! My name is Clara. I am from Peru. This is what I do most days. (e) I get up early.....

- a. After lunch, we stay at school for Music lessons or sport.
- b. After dinner, I watch TV or go online.
- c. At 10:00 pm, I am tired.
- d. At 5:00 pm, I return home, I do my homework and talk to my parents.
- e. I get up very early. I go to school by bus.
- f. After lessons, I have lunch at school.
- g. I have piano lessons and my friends play football.
- h. Finally, I brush my teeth and I go to bed.
- i. We have dinner at 7:00 pm.
- j. At school, we have lessons from 7:00 am to 1:30 pm.


Student 2: Santiago

Hello! My name is Santiago. This is my daily Routine. (c) I get up very early because.....

- After breakfast, I do my homework and get ready for school.
- At 11:00 am, I finish homework and play video games.
- I get up very early because I have a lot to do in the morning.
- After lunch, I go to school on foot.
- First of all, I have breakfast at 6:30 am.
- I have lessons from 1:00 to 6:00 pm.
- I have lunch with my family at 11:45 am.
- When I return home, I have dinner in the evening, then I watch TV.
- Finally, I go to bed at 10:00 pm.

E. READ VERY CAREFULLY AND ANSWER THE QUESTIONS

Sophie's daily routine



Sophie is eleven years old and she lives in Brighton, England.

She usually gets up at a quarter to eight, she has a shower, gets dressed and then she brushes her teeth. After that, she goes downstairs and has breakfast. For breakfast she usually has milk, toast and orange juice. Then she brushes her teeth again because she likes them white and healthy!

Then she grabs her school bag and goes to the bus stop to catch the school bus. Classes start at half past eight and finish at half past four. She usually has lunch at the school canteen with her schoolmates at about 12 o'clock. Her best friend is Amy and Sophie always sits next to her at lunch.

After school she returns home and does her homework. She is a very hard-working pupil and she never misses a school task! After homework, she usually listens to music and watches television a bit.

At half past seven it is time for dinner. Then she usually reads a book or chats with her parents for a while.

Finally, she goes to bed at about ten o'clock, but before that she brushes her teeth. Sophie is a happy little girl!

A Answer the questions about the text.

- What time does Sophie get up?
.....
- Does she usually have a shower?
.....
- What does she eat for breakfast?
.....
- What does she drink for breakfast?
.....
- What does she do after breakfast?
.....
- Does she go to school on foot?
.....
- What time does school start?
.....
- What time does it finish?
.....
- Where does Sophie usually have lunch?
.....
- Who is Sophie's best friend?
.....
- What does Sophie do when she returns home?
.....
- How many times a day does she brush her teeth?
.....
- Is she a happy girl?
.....

B Order Sophie's daily routine.

She goes to bed at about ten o'clock.

She gets dressed.

She catches the bus to school.

She has lunch at the school canteen.

She listens to music.

She gets up.

She does her homework.

She has a shower.

She has dinner.

C Write the sentences in the interrogative and negative forms.

- Sophie brushes her teeth three times a day.
NEG
INT
- She goes to school by bus.
NEG
INT
- She listens to music.
NEG
INT
- She chats with her parents for a while.
NEG
INT

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¿Cómo sé que aprendí?

Realiza una composición acerca de tu rutina diaria. Debe contemplar lo siguiente:

- a. Debes escribir como mínimo 15 renglones, con letra clara y legible. Has uso de los signos de puntuación y ten cuidado con la ortografía.
- b. Utiliza cada uno de los adverbios de frecuencia al menos una vez.
- c. Emplea los conectores de tiempo. Apóyate en la Rutina de Clara y Santiago en donde se dan ejemplos claros sobre su uso.



¿Qué aprendí?

Ahora vas a reflexionar respecto a cómo te sentiste y qué tanto aprendiste en el desarrollo de esta guía. En tu cuaderno escribe las conclusiones a las que llegaste ¡Debes de ser muy sincero!

1. ¿Qué fue lo que más te causó dificultad al resolver las actividades de la guía?
2. ¿Por qué crees que te causó dificultad?
3. ¿Qué fue lo que te pareció más fácil de la guía?
4. ¿Qué crees que puedes hacer en la próxima guía para que entiendas mejor lo que se te propone?

Cibergrafía

<https://www.youtube.com/watch?v=WxISeXIPh9g>
<https://www.youtube.com/watch?v=zNDIhOXy3IU>
<https://www.youtube.com/watch?v=ryh0XUk3ojc&t=108s>